

Staycation Spa

Materials:

- Measuring cups
- Spoon
- Bowl
- Mason jar or container to store the scrub
- $\frac{3}{4}$ cup of white sugar
- $\frac{1}{4}$ cup of extra virgin olive oil
- 1 tablespoon of lemon juice



Instructions:

- Make sure you have a clean bowl to mix the scrub.
- Measure out $\frac{3}{4}$ of a cup of white sugar and pour it into the bowl.



- Next, measure $\frac{1}{4}$ of a cup of extra virgin olive oil to add into the bowl.



- Add 1 tablespoon of lemon juice into the bowl (about half of a lemon).



- Now mix all the ingredients together until it is all blended together. Move into the container.



- Enjoy the staycation spa treatment! Use as a body scrub in the shower, a lip scrub or on your hands to be washed off after!