

RAINBOW FRUIT CUPS

1. Wash all of your fruit
2. Cut the orange in half and then peel. Separate each piece- make sure they are fairly small. Set pieces aside
3. Cut green apple into small rectangles or cubes by making horizontal and vertical cuts to your apple half- make sure you cut out the apple core. Set pieces aside
4. Peel and slice the banana into small, circular slices
5. Get your cup and place the red fruit, raspberries, in the bottom of the cup covering $\frac{1}{5}$ of the cup
6. Next, place your orange slices on top- make sure it is covering the same volume as the raspberries
7. Continue to do that with each fruit in the rainbow order- red, orange, yellow, green, blue.- until you reach the top of the cup
8. Serve with spoon