

Hi campers! Since the theme of this week is Safari, the challenge will be growing our own veggies right here at home. The most amazing part of the challenge is that you don't have to buy the seeds, we will regrow some vegetables you already have at home.

What you need:

- A carrot or an onion
- A knife
- A plastic bottle

Instructions for Carrot:

1. With parental supervision, cut 5 cm from the top of the carrot (the top of where the leaves were used to be)
2. Put the carrot top into a container and add in water, make half of the carrot top in the water
3. Put the carrot at a place where it can be exposed to the sunlight and change the water every day

The new leaves will start to grow in about 2 days, the fresher the carrot is, the faster it will grow. The carrots leaves can be used in dishes as herbs, or you can just grow it as an ornamental potted plant.

Instructions for Onion:

1. With parental supervision, peel off the dry layers of the onion and the dry parts on the top
2. Take a plastic bottle and cut at about $\frac{1}{3}$ from the bottom
3. Put the top part upside down into the bottom part
4. Put the onion into the top part and add water, make $\frac{1}{3}$ of the onion is in the water
5. Put the onion at a place where it can be exposed to the sunlight and change the water every day

The onion will grow roots first then the leaves will start to grow in about 2 weeks. The leaves have the same flavour as the scallions.